



St. Luke's Community House

St. Luke's Community House <http://www.stlukescommunityhouse.org/>

Our mission is to help low income working families, seniors, and individuals in West Nashville achieve their potential and prevent problems that threaten the stability of families and community.

Below are a list of volunteer opportunities available at St. Luke's Community House for this year. The ECW will be coordinating several group projects (special events, home repair etc.) throughout the year but wanted to also share all the opportunities for individual service. If you have additional questions, please contact Volunteer Manager Christie Bearden at 615-324-8375 or christie.bearden@stlukescommunityhouse.org.

Family/Individuals

Food Bank

As a Second Harvest satellite, we operate a busy food bank and need help packing food and unloading boxes. (Must be able to lift at least 20 lbs.)

When: Monday-Friday from 9:00a.m. to 1:30p.m.

Commitment: flexible (entire shift, part of shift, once a month, once a week etc.)

Adopt-A-Family (holiday program providing gifts for the whole family)

Help register families for the holiday program.

When: three weeks in October shifts are 10-12a.m. or 2-4p.m.

Commitment: flexible shifts during the specified dates

Toy Store (provides gifts just for children)

Volunteers needed for donor drop off and family pick up and to operate the actual toy store two days in December.

When: November and December specifics TBA

Commitment: flexible shifts during the specified dates

English/Literacy Tutoring: Nashville Adult Literacy Council

Nashville Adult Literacy Council (615.298.8060) offers English tutoring to immigrants and literacy tutoring to US-born adults on Tuesday and Thursday nights at St. Luke's. Tutors are always needed for their one-on-one program where individuals are paired and set their own hours (additional handout).

When: year round

Commitment: one-on-one program ask for a 6 month commitment for 2-3 hours a week

Children

Big Brothers Big Sisters

Mentor a child, ages 6-18, in West Nashville through a professionally supported one-to-one relationship.

When: year round

Commitment: one year commitment of 3 to 4 hours a week

Evening Childcare

St. Luke's provides evening classes and needs volunteers to help with childcare so parents can attend.

When: Tuesdays and Thursday nights from 6:00 to 8:00p.m.

Commitment: any Tuesday or Thursday night

After School Program: Youth Encouragement Services (weekdays 2:00-5:30p.m.)

Volunteers are needed to tutor, lead games, play basketball, read, do arts and crafts, and hang out with kids in our after school program. Also would love some help cooking for teen nights on Mondays.

When: Tutoring: Monday-Thursday 4:30-5:15p.m. Arts and crafts, music, any special gifts/talents to share needed for Friday afternoons from 4:30-5:15p.m. during the school year, and afternoons from 2:00-3:15 in the summer (June 2-August 5).

Commitment: flexible

Preschool

Volunteers can help in St. Luke's preschool in a variety of ways. Read, play games, complete arts and crafts. Support the teachers by washing dishes, sanitizing toys, or creating bulletin boards. Help in our preschool library by checking out books to parents.

When: opportunities available throughout the week each day reading 6:30-9a.m., 3:30-5:30p.m. or helping the teacher during class 9:30-10:30a.m.

Commitment: once a week preferred

Reading Buddies (summer program) Youth Encouragement Services

Reading Buddies visit once a week to read or play reading games.

When: June 19-July 21 Monday-Wednesday mornings 10:15a.m.-12:15p.m.

Commitment: at least once a week preferred

Seniors/ Disabled

Bingo Parties

Seniors from West Nashville come to St. Luke's for lunch and bingo the last Thursday of each month. We always need volunteers to help serve lunch and help the players.

When: Last Thursday of each month

Commitment: flexible

Mobile Meals

Deliver meals and provide companionship to homebound elderly and disabled adults.

When: Monday-Friday from 10:30a.m. to 12:00p.m.

Commitment: flexible once a week once a month etc.

Senior Social Activities

St. Luke's is open to our senior neighbors every Thursday. We need volunteers to serve lunch and socialize with our seniors. Share your craftiness with our seniors. Lead the group in simple, done-in-an-hour crafts.

When: on designated Thursdays (not Bingo day the last Thursday of the month)

Commitment: flexible

Home repair - West Nashville Community Development Partnership

Help with home repairs for elderly and disadvantaged residents living in St. Luke's neighborhood.

When: second Saturday of each month from April through October

Commitment: flexible

Events

Community Events

St. Luke's hosts three community events each year in the Spring/Summer, at Halloween, and at Thanksgiving. Volunteers help plan and assist in activities, food preparation and service, and set-up/clean-up.

When: June, October, November

Commitment: few hours before, during or after the event

Special Events

St. Luke's raises much-needed funds by hosting an annual dinner. Help us plan our next one!

When: September

Commitment: few hours before, during or after the event

Administration/Maintenance

This 'N' That Thrift Shop

Support St. Luke's programs by working at the store on Georgia Ave.. Sort donations, stock shelves, and make sales.

When: Mondays 9a.m.-4p.m., Tuesday-Friday 10a.m.-4p.m., Saturday 10a.m.-1p.m.

Commitment: flexible

Playground Mulching

Help us maintain our grounds, so we can have a pleasing environment for our hard-working staff and clients. Yearly need for the preschool.

When: July or August

Commitment: one full day

St. Luke's Community House 5601 New York Avenue, Nashville, TN 37209 615-350-7893