

“Therefore everyone who hears these words of mine and puts them into practice is... wise.”

Matt 7:24-27

This summer you are invited to an immersive experience of learning and doing the teachings of Jesus called a Jesus Dojo.

Taking place in San Francisco, CA our trip is truly one of spiritual formation. We will participate in every part of what it means to be a Christian by taking steps to follow the way of Jesus as a mystic, companion, healer, artist and storyteller. The organization we are partnering with (*Reimagine* and Mark Scandrette) designs our activities and experiences to explore these facets of Christ's life. Art-making, friendships, compassionate service, and contemplative practices will all be involved.

Our desire is that we would be a blessing to Reimagine, develop a larger Kingdom perspective on life, and learn something about the potential of our unique contribution to the Kingdom of God in San Francisco, Nashville and the world.

What's Next...

Come to Liturgy...

One of the things we ask of everyone on the trip is to make a concerted effort to be at Liturgy every week between January and June. This allows us to generate a healthy rhythm of life together and provides space for relationship building before we're all sitting on a plane together.

Paying for things...

Once you've signed up begin praying about creative ways to fund your trip. In addition to our group fundraising, writing support letters is one way we will advocate raising the money - but what about picking up some odd jobs around your house or neighborhood? Mowing a lawn or two and baby sitting can also bring in some extra cash. Also, fasting from entertainment extras (like music and movies) for a designated amount of time can be a way to free up some extra money that you can put toward your trip cost. You'll be surprised how quickly everything can come together and how God provides.

Meetings...

Once our team comes together we will have a meeting at the end of January to firm up some details and buy plane tickets. Look for information about that when you register and expect God to grow and change you this summer in San Francisco.

STBSYM

Trip of Mission & Spiritual formation

San Francisco, CA

June 1 - 8, 2013



Details

The total trip cost per person is \$850.

The cost includes all travel, food and lodging to, in and from San Francisco. We will fund raise as a team but you will be expected to cover a substantial portion of the trip cost on your own. However, we also have scholarships available so do not let money be a reason you don't go with us this summer. If you want to be part of our trip here is what you need to do:

- 1.) Fill out the Registration Form and briefly answer the **Trip Reflection Questions** in writing.
- 2.) Return them both to the youth ministry office by **Sunday, January 13**, with a deposit of **\$200**.



Trip Itinerary

Our trip dates are from June 1-8. Here is the breakdown of our schedule. (Site details may change, but the itinerary will stay the same)

Saturday, June 1

Depart Nashville, TN and arrive San Francisco, CA

Sunday, June 1 – Friday, June 7

Sample Daily Schedule

Mark 2:1-12 Jesus and the paralytic

9:00-10:00 Quiet Time on Bernal Hill

10:00-5:00 Work project at Page Street Center

Walk through Height/Asbury

1:00-2:00 Lunch @ Ali Baba's

5:00-7:00 Union Square

Dinner @ Blondie's Pizza

7:00-9:00 China Town

Prayer Walk

9:00-10:00 Free time

Day 1 Orientation

Day 2 Service/Page St. Center

Day 3 Art Making/The Mission District

Day 4 Sabbath/ Russian Hill

Day 5 Prayer/Golden Gate Park

Day 6 Day Off/Debrief

Saturday, June 8

Depart SFO Saturday morning and arrive Nashville, TN Sunday evening.



Registration Form

Name: _____

Address: _____

City _____ St. _____ Zip _____

Age: _____ Grade: _____

Phone Number: _____

Email: _____

Parents email: _____

Is this your first trip like this? Y N

Trip Reflection Questions

Please answer the following questions briefly. These questions are designed to help you do some self- reflection. This is not a test or anything; it's just an exercise.

- 1.) Describe your current practice of Christian faith. What is coming easily and what is challenging?
- 2.) Describe the spiritual disciplines you practice now (ex. Bible reading, fasting, giving money, prayer etc.). Are they life giving to you? If so, in what way? If not, why not? (This just helps us design the posture and structure of our trip.)
- 3.) Why do you want to go on this trip?
- 4.) Where would you like to grow in your Christian practice?